I CLAIM:

- 1 1. A therapeutic vibrator system comprising:
- 2 first and second sets of vibrators adapted for
- 3 providing therapeutic vibrations to a mammalian body; and
- a controller, in communication with and providing a
- first set of instructions to the first set of vibrators,
- 6 and in communication with and providing a second set of
- 7 instructions to a second set of vibrators, wherein the
- 8 first and second set of instructions are different.
- 1 2. The system of claim 1, wherein the controller
- 2 controls one or more of the vibration amplitude and
- 3 vibration wave type, and time duration of vibration.
- 3. A therapeutic vibrator controller comprising:
- a first zone comprising a first set of communication
- 3 ports, wherein each port of the first set of ports is for
- 4 providing a first set of instructions to different
- 5 vibrators in a first set of vibrators; and
- 6 a second zone comprising a second set of
- 7 communication ports, wherein each port in the second set
- 8 of ports is for providing a second set of instructions to

- 9 different vibrators in a second set of vibrators, and
- 10 wherein the first and second set of instructions are
- 11 different.
 - 1 4. The controller of claim 3, wherein the controller
 - 2 controls one or more of the vibration amplitude and
 - 3 vibration wave type, and time duration of vibration.
 - 1 5. A method for controlling first and second sets of
 - therapeutic vibrators, the method comprising, providing
 - a first set of instructions to the first set of
 - 4 vibrators, and a second set of instructions to a second
 - 5 set of vibrators, wherein the first and second sets of
 - 6 instructions are different.
 - 1 6. A therapeutic vibrator system, comprising:
 - 2 a therapeutic vibrator adapted for providing
 - therapeutic vibrations to a mammalian body; and
 - a controller in communication with the vibrator,
 - 5 wherein the controller is adjustable for controlling a
 - of vibrator to a user selected amplitude of magnitude A, and
 - 7 wherein the controller generates output instructions to

- 8 the vibrator to initially operate the vibrator at an
- 9 amplitude that is a fraction of A prior to generating
- 10 output instructions to the vibrator to operate the
- 11 vibrator at the desired amplitude A.
 - 1 7. A therapeutic vibrator controller, adjustable for
 - 2 controlling a vibrator to a user selected amplitude of
 - magnitude A, wherein the controller generates output
 - 4 instructions to the vibrator to initially operate the
- 5 vibrator at an amplitude that is a fraction of A prior to
- 6 generating output instructions to the vibrator to operate
- 7 the vibrator at the desired amplitude A.
- 1 8. A method of controlling a therapeutic vibrator, the
- 2 method comprising:
- determining the user desired amplitude A;
- 4 providing instructions to the vibrator to initially
- 5 operate the vibrator at an amplitude that is a fraction
- 6 of A; and
- 7 providing instructions to the vibrator to then
- operate the vibrator at the user desired amplitude A.